

# TRUE NOTES



November 2017 - VOLUME 8, ISSUE 11



## REEL ROCK 12 with TNC!

The wait is over! Its time to watch **Reel Rock 12** on the big screen! Just like last year, we'll be hosting the film at the **Hot Docs Ted Rogers Cinema** (506 Bloor St. W. just east of Bathurst in Toronto). Expect to be thrilled and inspired by four short films: "Featuring Margo Hayes, the first woman to climb 5.15; Brad Gobright, an up-and-coming free soloist with a donut addiction; the return of Chris Sharma to the deep water soloing stage, and more."

We have proudly partnered with **North Face** and **Arcteryx**, who will be raffling off some exciting prizes during intermission. And keep your ticket stub! It will get you a 10% discount on our 10 day pass!

**Reel Rock 12** will screen at the HDTRC on Wednesday, November 29th at 8:30 pm (doors open at 8 pm). For more info & tickets: <https://boxoffice.hotdocs.ca>

Hurry up and get your tickets!

### Panam Youth Games 2017

From October 30th to November 5th the Pan-American Youth Climbing Championships will take place in Montreal, Quebec. Part of this competition will serve as a qualifier for the 2018 Buenos Aires Youth Olympics. We are excited that longtime members of TNC, such as: Indiana Chapman, Yinki Ying, Ethan and Jack Wyett are representing Canada at this event!

### Early Gym Closure Nov 19th

On Sunday November 19 we will be closing at 5:45 pm for a private event. We appreciate your understanding and apologize for any inconvenience that this may cause.

### Subway Closure Nov 4/5

Heads up - the TTC Line 1 will be closed on November 4-5 from St. George to Sheppard West. Check out our website for regular updates. [www.truenorthclimbing.com](http://www.truenorthclimbing.com)

#### REGULAR HOURS:

Monday - Friday  
Noon - 11 PM  
Weekends/Holidays  
10 AM - 10 PM

**EARLY-BIRD Hours**  
For MEMBERS ONLY  
Open at 9AM SAT/SUN

**TNC PA DAY CAMP**  
(Ages 7-12)

#### PROGRAMS:

**Scramble Sessions**  
Sat/Sun 11:30 AM-1:30 PM

**Free Technique Classes**  
Mon/Tues @ 9 PM

**Yoga (w/ admission)**  
Mon 7:30PM  
Tues 8:00PM,  
Wed 9:00PM  
& Sat 9AM

**Birthday & Corporate Team Building Parties**

**Intro Lessons**  
Every hour on the hour;  
book in advance

[www.truenorthclimbing.com](http://www.truenorthclimbing.com)  
[info@truenorthclimbing.com](mailto:info@truenorthclimbing.com)  
416 398 ROCK (7625)

FOLLOW US ON

